

XLR8[®]

RESISTANCE TRAINING - PLUS

A WORLD OF INTERCHANGEABLE OPTIONS WITH “KWIKKLIP[®]”

**3 & 6 METER
SLINGSHOT
OVERSPEED
TRAINERS WITH 2
BELTS & FLEXICORD**



**SPARE 3 & 6 METER
FLEXICORDS
AVAILABLE WITH
SAFETY SHEATH**

**ALL PARTS
INTERCHANGEABLE**

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INTERCHANGEABLE**



**12 MONTH
GUARANTEE
ON ALL
PRODUCTS**



**6 METER QUICK
RELEASE
OVERSPEED
TRAINER**

**3 METER RESISTED
SPEED HARNESS
WITH COACH
CONTROL**

**ALL PARTS
INTERCHANGEABLE**

**ALL PARTS
INTERCHANGEABLE**



**SHOULDER RESISTED TRAINER FOR
LEFT & RIGHT CONTROL**

MORE OPTIONS



**ALL PARTS
INTERCHANGEABLE**

IDEAL FOR

- RUGBY
- SOCCER
- NETBALL
- CRICKET
- BASKETBALL
- TENNIS / SQUASH
- MARTIAL ARTS
- ATHLETICS
- PLUS MANY OTHERS

**DOUBLE RESISTED TRAINER
WITH 2 FLEXICORDS & 3 BELTS**

**ALL RESISTED TRAINING
PRODUCTS MAY BE USED
FOR ANY SPORT AND IN
ANY TRUE GAME
SITUATION**

**ADD 1, 2 OR 3
FLEXICORDS TO SUIT
RESISTANCE REQUIRED
WITH "KWIKKLIP"©**



**ACCESSORIES - EASY
ON EASY OFF WITH
KWIKKLIP**

GOALKEEPER TRAINER

***NOW'S THE TIME TO START
CONDITIONING FOR 2011***

**RESISTED TRAINING RECOMMENDED FOR ATHLETES
OVER 16 YEARS OF AGE.**

KWIKKLIP © ACCESSORIES



**3 & 6 METER SPARE FLEXICORDS
WITH SAFETY SHEATH**



SPARE HANDLE



POST FIXING CLAMP



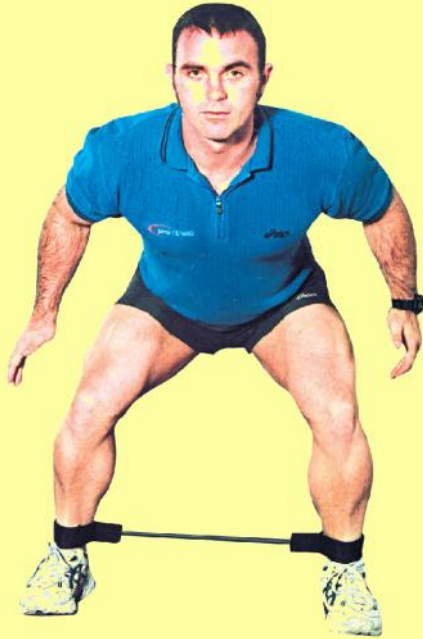
**SPARE QUICK RELEASE BELT
MAY BE USED WITH POWER
SPEED SLED**



**SPARE BELT WITH
DOUBLE SAFETY
LOCK**

**MIX 'N MATCH THE ATTACHMENTS
AVAILABLE, TO CREATE A WORLD OF
VARIABLE TRAINING OPTIONS**

OTHER RESISTANCE PRODUCTS



LATERAL SPEED RESISTOR



POWER JUMPER



LEG SPEED TUBE



THROWING TRAINER



PORTABLE JUMPER

A SPECIAL "MADE TO ORDER" TRAINING AID

SPORT
SUPPLIES